

# PSY102: Introduction to Cognitive Psychology

Fall 2018 Instructor: Roberto Cabeza, PhD

TAs: Matthew Stanley and Christina Bejjani

What is at least one thing that you like about your TA & her teaching style?

She is very thorough in covering the material and going over information again at the next discussion section. This really helped me remember the different articles and their main concepts. She's also very available to students and strives to find useful information for us based on the questions we ask and what we're learning.

I really like her teaching style during discussion sections. The only time I did not understand her was when she gave one of the class lectures - she talked very fast and went through the material very quickly, which may have been because there was a lot of material that she had to cover.

She is very kind and obviously very willing to help students understand. She is also very knowledgeable about the material and can answer most questions clearly. our section activities were very well organized.

Christina is very nice and always creates a comfortable environment for discussion. I like how discussion is laid back and really serves to summarize what we have been doing in class.

she took the time to answer people's questions thoroughly

engaged

She does a great job of breaking down papers and their complex concepts and connecting them to real life situations to make them understandable.

I liked how she sat down with us at the table. Just that simple move changed the dynamic so it wasn't her talking at us but more of a discussion. It made her more accessible to ask questions and turned it into a conversation about psychology.

Christina was very patient and helped provide different perspectives on understanding the material

She is very personable and open, doesn't make us feel like there are bad questions, very knowledgeable and a gives great, thorough explanations.

very knowledgeable in cog psych

Open to questions that may seem "obvious" or "stupid" without acting surprised or condescending.

Very open to questions and is willing to do more research to answer any questions that she might not be prepared for.

Christina was VERY professional. She was fair in grading participation and always available when needed.

Very helpful. Explained things well and made a lot more sense than they did when we were taught them in lecture.

She did a great job of making sure that everyone understood the papers we read and the concepts that we covered in class.

Christina was talented at lecturing and keeping the discussion engaging and interactive. She was knowledgeable and could also answer nearly any specific question that we could present to her on the spot.

She's cute

I really appreciate how approachable she is! She is always open to questions about anything (lecture, textbook, discussion sections) and explains concepts clearly.

Very receptive to the group, made sure that everything needed to know/do was run through

She goes in depth about the topics and readings that we are suppose to do. I never leave her discussion class confused about any topics. She makes sure that we all understand what we did for homework as well as the lectures.

What ideas or concepts from PSY102 (Intro to Cog Psych) do you think will be most useful to you in your life and/or schoolwork beyond this course? As a reminder, here is a list of topics covered this semester: [...]

The sections on memory and attention would probably be most relevant for me as a student who has to be able to learn and process a lot of new information. Problem-solving and decision-making are also very important aspects of being a student as well as dealing with different challenges throughout life.

Perception, attention, and all the units on memory

The topics on memory, as well as perception and attention

To be honest I'm not sure that anything I learned will be particularly useful in my life beyond this course, other than that I have a better understanding of how my brain actually processes my everyday life.

I am really interested in cognitive psych/science in general. I am not sure I will necessarily focus my academics on it, but I am majoring in philosophy and particularly interested in philosophy of mind. I am planning on doing an interdepartmental psych/evanth major as well and plan on studying human cognition (and decision making) from an evolutionary perspective in order to better understand life in society (political ideologies, etc.). I think all the topics we covered have certainly helped me build a better understanding of human cognition.

attention working memory long term memory - encoding, implicit learning, semantic, procedural

Attention, LTM pt. 1, Problem-solving

I think memory (Short-term, memory structure, encoding, retrieval, memory error) and Problem solving and Decision making will be the most useful. Memory is useful for schoolwork and everyday tasks, and I think problem solving and decision making are important skills to understand in any profession. Also, since I want to be an elementary school teacher, I think language will be helpful too.

Attention, Short-term memory, Long-term memory, Language

N/A

perception, memory, knowledge, general cog psych

Attention, perception, judgement, visual imagery

Anything involving memory. And attention.

Honestly, all the elements of this course seemed especially relevant to everyday life.

I thought the problem-solving section was really interesting and helpful.

All of the knowledge about memory and judgement/ problem solving.

Long term memory: encoding, retrieval, and consolidation was the most helpful and practical unit in my opinion, as it offered explanations for how we process information and how we can process info more efficiently.

All of the psychological concepts are useful to apply in a practical aspect. However, linking the abstract/theoretical with the practical would be helpful.

Long-term memory: encoding, retrieval, & consolidation, everyday memory & memory errors, Language, Judgment, Decisions, & Reasoning

I think acknowledging how the memory works and how your brain works with it (for example I have a terrible episodic memory) is important.

All of these topics are something that I felt I could apply in real world scenarios. Many of the topics and discussions were really interesting and definitely can carry with the class beyond just lecture.

## What was the most useful thing you learned from section?

The techniques we learned in areas like memory and attention

I think it was very useful to learn about tips on improving memory/how to study for a test

the various daily memory errors we learned in a few different sections

Good study techniques for the course

what memory errors are, that I have poor STM

all was pretty useful when expanding upon lesson and lecture topics

Memory discussion was super useful to me because I have a notoriously bad memory, so it was cool to have some vocabulary to actually think about what I mean when I say I have a bad memory and to have some strategies to work around it.

How to read academic psychology papers

Provided deeper understanding of the concepts and examples that were easier to understand

The evolutionary advantages of the information we were learning in lecture

encoding specificity paper

Exemplars vs. prototypes

Short term memory

How to read academically.

attention and perception

How to discuss political concepts that are extremely complicated in a more simplified manner

I would say a general deep dive into key material that would be presented on exams and also that has important relevance to our everyday life.

Attention

reviewing confusing material from the book or from lectures

How to study

how different parts of the brain can be shut off and other parts can still function ( double dissociation)

## Was there anything not useful that was included in section?

I probably won't remember the specifics of a lot of the papers, but they helped solidify some important concepts

I did not find some of cog labs very helpful in my understanding of the material because I would not get the same results as the global data

the demo about language

I don't think the minute papers helped me.

some of the readings, I already understood and didn't feel like I needed a whole class to go over them

no

Not that I can think of.

N/A

Reviewing material that wasn't covered recently was difficult

N/A

N/A

Found it difficult to distinguish between what neuroscience would be relevant/important and what we needed to learn that wasn't discussed in class

Knowledge because being aware of it does not change my use.

Coglabs did not seem to be worth the time in my opinion

not in section

no

I would say that certain Cog Lab demos and studies were a bit abstract for my liking and honestly made some phenomena harder to grasp

N/A

no

Just learning all the models that were ultimately wrong I guess

No